

AE/AE**2026 FIS FREESTYLE SKI EUROPA CUP
RUKA (FIN)****FS**

FIS 8397/8398/8399/8400

29/11/2025 - KAR

Monday, December 15, 2025						AE - Practice Day
	Start	Finish	Duration	Event	Location	
MTG	11:00	- 11:30	0:30	Team captains Meeting	Online	
AE	15:00	- 15:15	0:15	Aerial Inspection and Speed Checks		
	15:15	- 15:30	0:15	Course Preparation		
	15:30	- 18:00	2:30	Women and Men Aerial Practice	Aerial Site	
RO	14:00	- 15:00	1:00	Registration Race Office	AE Judges Stand	
Tuesday, December 16, 2025						AE - Practice Day
	Start	Finish	Duration	Event	Location	
AE	12:00	- 12:15	0:15	Aerial Inspection and Speed Checks		
	12:15	- 12:30	0:15	Course Preparation		
	12:30	- 15:00	2:30	Women and Men Aerial Practice	Aerial Site	
MTG	18:00	- 18:30	0:30	AE Draw	Online	
RO	11:00	- 12:00	1:00	Registration Race Office	AE Judges Stand	
Wednesday, December 17, 2025						AE - Event Day
	Start	Finish	Duration	Event	Location	
AE	11:00	- 11:15	0:15	Course Preparation		
	11:15	- 11:25	0:10	Women and Men Inspection and Speed Checks		
	11:25	- 11:30	0:05	Course Preparation		
	11:30	- 12:45	1:15	Women and Men Aerials Warm Up (3 jumps each athlete)		
	12:45	- 13:00	0:15	Course Preparation		
	13:00	- 13:20	0:20	Women Q1	Aerial Site	
	13:20	- 13:50	0:30	Men Q1		
	13:50	- 14:00	0:10	Course Preparation		
	14:00	- 14:20	0:20	Women Q2	Aerial Site	
	14:20	- 14:50	0:30	Men Q2		
	14:50	- 15:05	0:15	Break		
	15:05	- 15:15	0:10	Course Preparation		
	15:15	- 15:30	0:15	Final Women F1 (top 6)	Aerial Site	
15:30	- 15:45	0:15	Final Men F1 (top 6)			
16:00	- 16:15	0:15	Women & Men Aerials Awards	Aerial Site		
MTG	17:30	- 18:00	0:30	AE Draw	Online	
RO	10:00	- 11:00	1:00	Registration Race Office	AE Judges Stand	
Thursday, December 18, 2025						AE - Event Day
	Start	Finish	Duration	Event	Location	
AE	10:00	- 10:15	0:15	Course Preparation		
	10:15	- 10:25	0:10	Women and Men Inspection and Speed Checks		
	10:25	- 10:30	0:05	Course Preparation		
	10:30	- 11:45	1:15	Women and Men Aerials Warm Up (3 jumps each athlete)		
	11:45	- 12:00	0:15	Course Preparation		
	12:00	- 12:20	0:20	Women Q1	Aerial Site	
	12:20	- 12:50	0:30	Men Q1		
	12:50	- 13:00	0:10	Course Preparation		
	13:00	- 13:20	0:20	Women Q2	Aerial Site	
	13:20	- 13:50	0:30	Men Q2		
	13:50	- 14:05	0:15	Break		
	14:05	- 14:15	0:10	Course Preparation		
	14:15	- 14:30	0:15	Final Women F1 (top 6)	Aerial Site	
14:30	- 14:45	0:15	Final Men F1 (top 6)			
15:00	- 15:15	0:15	Women & Men Aerials Awards	Aerial Site		
RO	9:00	- 10:00	1:00	Registration Race Office	AE Judges Stand	

Departure

Friday, December 19, 2025