



Federación Argentina  
de Ski y Andinismo



# PARA NORDIC FIS COMPETITIONS & USHUAIA LOPPET

## Training Camp

DISCIPLINE: PARA NORDIC

ORGANIZER: TIERRA MAYOR - FASA

PLACE: USHUAIA - Tierra Mayor Valley

DATE: August 12<sup>th</sup> to 19<sup>th</sup>





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## RACE OFFICE:

Centro Invernal Tierra Mayor - Ushuaia – Tierra del Fuego -Argentina

Tel: +54 9 2901 646428

e-mail: [tierramayor@outlook.com](mailto:tierramayor@outlook.com)

Web: <https://tierramayor.com.ar/>





## TRAINING CONDITIONS:

TEAMS ARE WELCOME FOR TRAINING CAMP BEFORE THE RACES.

In addition to the races, from Sunday August 05<sup>th</sup>, all courses for all categories will be prepared to train, including the 10 Km lap for the 20km race.

\*\*Early dates are also possible upon request.

Contact: María Giro

Tel: +54 9 2901 646428

E-mail: [tierramayor@outlook.com](mailto:tierramayor@outlook.com)



## COMPETITION PROGRAM:

Monday 12.08.2024	Team Registration
Tuesday 13.08.2024	Official Training
Wednesday 14.08.2024	10 km Interval Start F (W&M – Sitting/Standing/Visual Impaired)
Thursday 15.08.2024	5 Km Interval Start F (W&M – Sitting/Standing/Visual Impaired)
Friday 16.08.2024	Official Training
Saturday 17.08.2024	Official Training
Sunday 18.08.2024	20 Km Mass Start C – Ushuaia Loppet (W&M – Sitting/Standing/Visual Impaired)
Monday 19.08.2024	Sprint Qualification C (W&M – Sitting/Standing/Visual Impaired) Sprint Final C (W&M – Sitting/Standing/Visual Impaired)



## ACCOMMODATION:

Accommodation with breakfast maximum of USD 80/night/person in a double room or USD 160/night/person in a single room, depending on the category, number of nights and people requested.

Lunch will be served every day at Tierra Mayor Cross Country Ski Centre USD 14/day/person

Transportation Hotel- Ski Centre - Hotel USD 15 /day/person

Ski pass USD 4 /day/person

Dinner can be served at the hotel or in a restaurant close to the hotel. Maximum USD 18/dinner/person depending restaurant Category



## RULES:

According FIS Rules.

Race Waxing: desired common waxing for all teams if previously agreed.

## INSURANCE:

Every athlete must have his own insurance according to FIS Rules.



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## RACE ENTRY & DEADLINES:

FIS Online Entry System: <https://profile.fis-ski.com/login>

Deadline for Entry by name August 3th

Entry Fee for Paranordic Competition: U\$D 25.-

Payment option: Credit Card, Cash

Entry Fee for Ushuaia Loppet : [ushuaialoppet@marchablanca.com](mailto:ushuaialoppet@marchablanca.com) (Special price for Paranordic Teams)

