



**Program for: AUDI FIS SKI CROSS WORLD CUP - FIS CROSS ALPS TOUR - 2019/20 / Arosa (SUI)**

Program	15-Dez.-2019	Duration	Start time	Finish time	Last changes: 2019-11-22 / 1900 CET
Official Team arrival					
Race office open - Accreditation		5:45	14:00	19:45	Arosa Tourism, Sports- and Conference Centre
		0:15			
First Team Captains Meeting		1:00	20:00	21:00	Arosa Tourism, Sports- and Conference Centre
Medical Meeting		0:15	21:00	21:15	Arosa Tourism, Sports- and Conference Centre

Program	16-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			9:00		Time of circ. 10'
Jury Inspection, Course Setting		1:45	12:15	14:00	
<b>Inspection</b>		0:30	14:00	14:30	Admission until 14:25
Break / Course Prep.		0:30	14:30	15:00	
<b>Training</b>		1:30	15:00	16:30	RUNs / Competitor: 2 Start training allowed: no
Team Captains Meeting / Draw		0:30	18:00	18:30	Arosa Tourism, Sports- and Conference Centre

Program	17-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			9:00		Time of circ. 10'
Jury Inspection, Course Setting		2:00	11:30	13:30	
<b>Inspection</b>		0:30	13:30	14:00	Admission until 13:55
Break / Course Prep.		0:30	14:00	14:30	
<b>Training</b>		1:30	14:30	16:00	RUNs / Competitor: 2 Start with gate: yes
Break / Course Prep.		0:50	16:00	16:50	
Forerunner-Heat		0:10	16:50		Women: 32 Men: 64
<b>Pre Final Round</b>		0:50	17:00	17:50	begin with: Eights Final begin with: Round of 64
64 - Men		0:33:00	17:00:00	17:33:00	
EF - Women		0:17:00	17:33:00	17:50:00	
<b>Party with DJ Max Power</b>		2:00	18:00	20:00	Stage / Finish area in front of Hotel Kulm
Break / Course Prep.		2:15	17:50	20:05	
Forerunner-Heat		0:10	20:05		Women: 16 Men: 32
<b>Final Round</b>		0:59	20:15	21:14	begin with: Quarter Final begin with: Eights Final
EF - Men		0:16:30	20:15:00	20:31:30	
QF - Women		0:08:30	20:31:30	20:40:00	
QF - Men		0:08:30	20:40:00	20:48:30	
SF - Women		0:05:20	20:48:30	20:53:50	
SF - Men		0:05:20	20:53:50	20:59:10	
Break		0:02:30	20:59:10	21:01:40	
F - Women		0:06:20	21:01:40	21:08:00	
F - Men		0:06:20	21:08:00	21:14:20	
Break		0:03:30			
Prizegiving and WC leader bib in finish area			21:17		