

## Ruka (Finland) – 26.- 27.11.2016

### Competition Program

Date	Format	Distance	Remarks
26/11/2016	Sprint C	1.4km	
27/11/2016	Interval Start C	10km / 15km	

### Event Program

Date	Competition	TCM	Other
<b>Friday</b> 25/11/2016		<b>15 :30</b> Press Center	<b>17 :00</b> Bib ceremony Sprint L+M
<b>Saturday</b> 26/11/2016	<b>11 :00</b> Sprint Quali C <b>13 :30</b> Sprint Finals	<b>17 :30</b> Press Center	Prize Giving ceremony after the race
<b>Sunday</b> 27/11/2016	<b>10:30</b> 10 km C Ladies <b>13:00</b> 15 km C Men		Prize Giving ceremony after the race

### Contacts

Office	Name	Telephone	Email
<b>General Secretary</b>	Seppo Linjakumpu	+358 400 706 433	seppo.linjakumpu@rukanordic.com
<b>Accommodation office</b>	Mia Oinas	+358 306 502 536	rukanordic@lomarengas.fi
<b>Transportation office</b>	Seppo Linjakumpu	+358 400 706 433	kev@rukanordic.com
<b>Race office</b>	Ann-Mari Kajalainen	+358 8 8181 122	kev@rukanordic.com
<b>Financial office</b>	Anne Lahdelma & Laura Hamalainen	+358 45 168028 +358 45 263 1211	anne.lahdelma@hiihtoliitto.fi laura.hamalainen@hiihtoliitto.fi
<b>Wax Cabins</b>	Seppo Linjakumpu	+358 400 706 433	kev@rukanordic.com

### 1. Accreditation

- The FIS season accreditation and FIS season parking cards will be valid. Requests for additional accreditation and parking cards must be send via the FIS Online System.
- Requested additional accreditation cards can be picked up at: Accreditation office is in Hotel Rukahovi, near reception, opening time daily from 09 :00 to 19 :00

## **2. Race/Competition Office**

- Race office in/at Hotel Rantasipi Congress Centre opening time daily from 09 :00 to 19 :00
- Sub Race Office open Fri-Sun from 10 :00 to 15 :00

## **3. Accommodation (World Cup Rules Art. 13)**

- Booking according the FIS Rules via FIS Online registration system
- The OC offers following accommodation (full board included):
  - Three star hotel Rantasipi Rukahovi next to the venue:  
105 € per person in double room, 140 € single
  - Three star apartments (RukaTonttu, RukaSuites, AurinkoRinne, RukaVillage, Rantasipi apartments) next to the venue:  
105 € per person (minimum number of persons occur)
- Additional information about the accommodation will be given to the teams after receiving preliminary entry and accommodation request
- Price for additional accommodation outside of the quota: 110 € per person in double room or apartment (minimum number of persons occurs)
- Price for additional single rooms outside of the quota: 160 €

## **4. Transport (World Cup Rules Art. 11)**

- Official airport : Kuusamo and Oulu
- The organizing committee will arrange transportation between the airports and the hotels. 1 transport (from and to the airport) free of charge. Price for additional transport:
  - 140 € for Kuusamo airport (up to 7 persons=140 €, 8-17 p.=205 €)
  - 585 € for Oulu airport (up to 7 persons=585 €, 8-17 p.=680 €)
  - 540 € for Rovaniemi airport (up to 7 persons=540 €, 8-17 p.=620 €)
- Information to the Shuttle service
  - (hotels – venue) : no shuttle service (walking distance)

## **5. Payment (World Cup Rules Art. 10 and 13)**

- Accommodation costs: Teams will pay directly in the accommodation office until 25th November (persons from the pay lists will be paid by the OC directly).  
Over quota costs are to be paid by cash or credit card.
- Carrying costs/Reimbursement :
  - Expenses sheets will be received in financial office during the race weekend or by e-mail: anne.lahdelma@hiihtoliitto.fi or laura.hamalainen@hiihtoliitto.fi. Payments will be done by bank transfer.

## **6. Waxing facilities (World Cup Rules Art. 14)**

- Wax cabins : available from 21/11/2016 at 12 :00
- Waxing trucks : teams arriving with trucks have to inform the OC before 14/10/2016
- The keys to the cabins are available at the competition office. The deposit is 100 €/team. Keys return to Ski Cafe/service area on the day of departure.

- Parking cards can be picked up at the competition office same time with the keys.

### 7. Regulations of radio equipment:

- The import, export and the operation of radio equipment in Finland is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- Information : [www.ficora.fi](http://www.ficora.fi)

### 8. Regulations of Visa:

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.
- For an official letter of invitation, please send a request to [kev@rukanordic.com](mailto:kev@rukanordic.com)

### 9. Special permissions for truck driving (Sunday- and night, other days with special regulations)

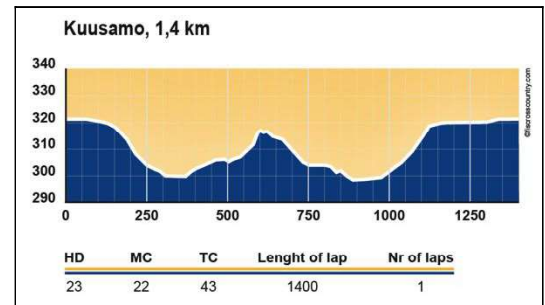
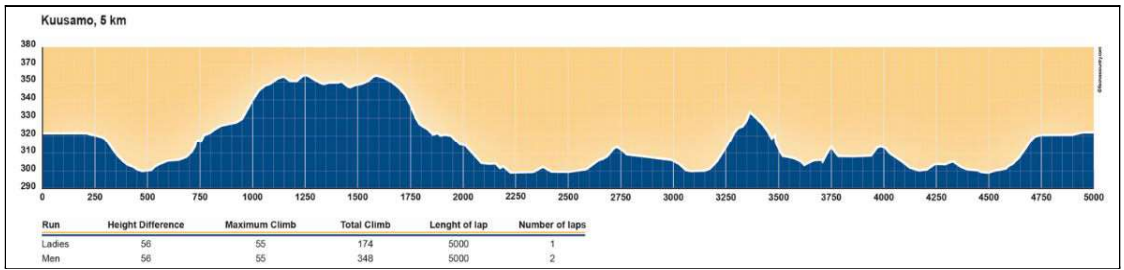
- Teams must give information when they will arrive to stadium and parking area. Send messages by email to [kev@rukanordic.com](mailto:kev@rukanordic.com)

### 10. Income tax information for prize money:

- Income tax of European citizen is 15%
- Income tax of non-European citizen is 15% (USA 0 %)

### 11. Maps and Courses





## 12. Route book

### Route from Oslo

<https://www.google.com/maps/dir/Oslo,+Norwegen/Ruka,+Kuusamo,+Finland/@63.2497464,13.6768097,5.56z/data=!4m13!4m12!1m5!1m1!1s0x46416e61f267f039:0x7e92605fd3231e9a!2m2!1d10.7522454!2d59.9138688!1m5!1m1!1s0x442eaa947450567:0x3f70d853eec3853b!2m2!1d29.1517282!2d66.1654622>

### Route from Helsinki

<https://www.google.com/maps/dir/Helsinki,+Finland/Ruka,+Kuusamo,+Finland/@63.158172,22.2754947,6.27z/data=!4m13!4m12!1m5!1m1!1s0x46920bc796210691:0xcd4ebd843be2f763!2m2!1d24.9410248!2d60.1733244!1m5!1m1!1s0x442eaa947450567:0x3f70d853eec3853b!2m2!1d29.1517282!2d66.1654622>

**Driving directions**

via E4 **18 h 25 min**  
 17 h 9 min without traffic · Show traffic  
 1,562 km  
 This route has tolls.  
 This route crosses through Sweden.

**Oslo**  
 Norway

- Follow Rv162 to Operatunnelen in Nordstrand  
5 min (2.2 km)
- Follow E16 and E45 to Route 296 in Dalarnas län, Sverige  
4 h 22 min (339 km)
- Continue on Route 296. Take Route 301 and Route 50 to E4 in Gävleborgs län  
2 h 7 min (160 km)
- Follow E4 and E8 to Ranuantie/Route 924 in Simo, Suomi  
9 h 5 min (812 km)
- Follow Route 924, Route 941 and Route 81 to Kemijärventie/E63 in Kuusamo  
2 h 35 min (227 km)

Turn left onto Kemijärventie/E63  
10 min (15.0 km)

- Follow Rukatunturintie/Route 8692 to your destination  
4 min (3.2 km)

**Rukatunturi**

## Helsinki

**Driving directions**

via Route 5 and E63 **9 h**  
 8 h 23 min without traffic · Show traffic  
 831 km

**Helsinki**  
 Finland

- Take Hämeentie to Gustav Vasas väg/Kustaa Vaasantie/E75  
12 min (4.5 km)
- Follow E75, Route 5 and E63 to Rukatunturintie/Route 8692 in Kuusamo  
8 h 42 min (823 km)
- Follow Rukatunturintie/Route 8692 to your destination  
4 min (3.2 km)

**Rukatunturi**

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

